

How to compost disposable diapers and pads.

First: Rinse off the poo into the toilet and wet the whole diaper well.

Then: Use one hand to hold the diaper from the end that was the front side of the diaper when it was on your child (the back side has tough elastic that is difficult to tear through). Start at a spot about a third of the way along the filling and use your other hand to tear downwards. It should tear the whole way down with no trouble. The wet contents will fall right out directly onto your compost heap or into a bin for adding to your heap later. Shake out the remaining bits from the corners and add the non-recyclable plastic cover to your plastic waste collection.

Add the diaper filling to your compost in layers and cover with ordinary household or garden waste as usual. Make sure it is well wet and is covered with cardboard or leaves so it doesn't dry out.



Very soon you will have brilliant compost that your plants love because it holds moisture for longer!